

Sustainable Transport and Travel Planning Information Resources



A guide to useful links and information on:

- Travel planning
- Smarter working
- Journey planning
- Walking
- Cycling
- Bus and Coach travel
- Train travel
- Motorcycling
- Greener car use
- Park and Ride
- Water transport
- Sustainable travel events

Travel Planning

Promoting and supporting sustainable and active travel.

Travel planning resources

www.cardiff.gov.uk/travelplans

www.keepingcardiffmoving.co.uk

Smarter Working

Promoting better, more efficient working practices to reduce commuting and costs.

National Business Travel Network

www.nbtn.org.uk

WorkWise UK

www.workwiseuk.org

Journey Planners

Door-to-door planners for bus, coach or train times and other information.

Traveline Cymru

www.traveline-cymru.info

0871 200 2233

Transport Direct

www.transportdirect.info

Walking

Information about routes in and around Cardiff, organised walks, the health benefits of walking and events promoting and celebrating walking.

Health Challenge Cardiff

www.healthchallengecardiff.co.uk

Walking Works

www.walkingworks.org.uk

British Heart Foundation Think Fit - Active at Work

www.bhf.org.uk/thinkfit

Sustrans Cymru Active Travel Toolkit

www.sustrans.org.uk/what-we-do/active-travel/active-travel-publications/active-travel-workplace-toolkit

Let's Walk Cymru

www.ww2h.org.uk

Cardiff Walking for Health Group

www.cardiffwalkingforhealth.com

Walks and green spaces in Cardiff

www.cardiff.gov.uk/parks

Walking groups

www.cardifframblers.org.uk

www.ramblers.org.uk

www.tigerbayramblers.org.uk

Walk to Work Week

www.walkingworks.org.uk/walk-to-work-week-2009

Walk to School Events

www.walktoschool.org.uk

Living Streets

www.livingstreets.org.uk





Cycling

Information about routes in and around Cardiff, organised cycle rides, the health benefits of cycling and events promoting and celebrating cycling.

Cycling in Cardiff

www.cardiff.gov.uk/cycling

Road Safety

www.roadsafety.cardiff.gov.uk

Cardiff Pedal Power

www.cardiffpedalpower.org.uk

Cycle Cardiff

www.cyclecardiff.org.uk

Cardiff Cycling Campaign

www.cardiffcyclingcampaign.org.uk

Sustrans

www.sustrans.org.uk

Sustrans Routes 2 Ride Wales

www.routes2ride.org.uk/wales

Sustrans Bike Belles

www.bikebelles.org.uk

Cyclists Touring Club

www.ctc.org.uk

Cycle Training Wales

www.cycletrainingwales.org.uk

National Bike Week

www.bikeweek.org.uk

Sustrans Cymru Active Travel Toolkit

www.sustrans.org.uk/what-we-do/active-travel/active-travel-publications/active-travel-workplace-toolkit

Cycle Friendly Employers

www.cyclefriendlyemployers.org.uk

Cycle to Work scheme providers: many are available, including -

www.cyclescheme.co.uk

www.cyclesolutions.co.uk

www.cycle2work.info

www.cycletoworknow.com

www.EvansCycles.com/Ride2Work

www.Bikes4School.co.uk

www.halfordsb2b.com/

Bike For All

www.bikeforall.net

Lifecycle UK

www.lifecycleuk.org.uk

0117 9290440

Buses and Coaches

Information about bus and coach travel, tickets and passes and passenger groups.

Concessionary Travel (free bus travel for people aged 60 and over and eligible disabled people)

www.cardiff.gov.uk/buspasses

029 2087 2087

Cardiff Bus

www.cardiffbus.com

029 2066 6444



First Group

www.firstgroup.com

National Express

www.nationalexpress.com

08705 808080

Stagecoach

www.stagecoachbus.com

Veolia

www.veolia-transport.co.uk

Bus Users UK

www.bususers.org



Trains

Information about train travel, tickets and passes and passenger groups.

National Rail Enquiries

www.nationalrail.co.uk

08457 48 49 50

0845 60 40 500 (Welsh Language service)

Traveline Cymru

www.traveline-cymru.info

0871 200 2233

Arriva Trains Wales

www.arrivatrainswales.co.uk

0845 606 1660

First Great Western

www.firstgreatwestern.co.uk

08457 000 125

Cross Country Trains

www.crosscountrytrains.co.uk

0870 010 0084

Passenger Focus

www.passengerfocus.org.uk

Motorcycling

Information and courses about safe motorcycling.

Road Safety Centre, Cardiff Council
Provides motorcycle training courses and supports Bike Safe Cymru.

www.roadsafety.cardiff.gov.uk

Bike Safe

Police-run safety and education initiative.

www.bikesafe.co.uk

Car Use

Information about car sharing, responsible car use, car clubs and tips for greener driving

CarShare2Cardiff

www.CarShare2Cardiff.co.uk

Sewta Carshare

www.sewtacarshare.com

CarPlus

www.carplus.org.uk

Car Clubs

www.carclubs.org.uk

Environmental Transport Association

www.eta.co.uk

0800 212 810

Park and Ride

Information about park and ride sites and services in Cardiff.

Park and Ride in Cardiff

www.cardiff.gov.uk/parkandride

Rail based park and ride

www.arrivatrainswales.co.uk/Station_Search.aspx



Water transport

Cardiff's boat services between the city centre, the Bay and Penarth.

Cardiff Waterbus

www.cardiffwaterbus.com

Cardiff Aquabus

www.cardiffaquabus.com

Sustainable Transport Events

Local, national and international events promoting sustainable transport

Environmental Transport Association: Green Transport Week

www.eta.co.uk

European Mobility Week

www.mobilityweek.eu

World Environment Day

www.unep.org/wed

Races, fund raising events and fun runs: many are held, including -

www.raceforlife.org

www.cardiffhalfmarathon.co.uk

www.cardiff10k.com

For more information about sustainable transport or travel planning, contact Cardiff Council's Travel Plan Officer on:
travelplans@cardiff.gov.uk

02920 873722

www.keepingcardiffmoving.co.uk



Photo by C Lambert